www.trustedstrategicpartner.com

Mark Valker - Coach
Where Individual Dreams, Desires & Goals are Achieved

Benefits of Coaching Strengths Building Clients:

☼ **Discovering your gifts:** What are the true gifts that you have lived with all your life? Does thinking logically come easy, do you interface with others effortlessly, do you light up a room when you enter it? These may be just an example of the natural talents that lie deep inside you. Image cultivating these strengths to build a foundation for the future

☼ **Skills Enhancement:** Our personal history is a playground for experiences and activities. We learn by the experiences we encounter day to day. We develop skills that serve as drivers and tools to complete the tasks in our daily living at work and at home.

☼ **Following your passions:** What is the energy that seems endless when you are working on something you truly love? It is your passion, it's doing what you love, this is the key to what will drive you to the next level. It is said that no man has ever been successful without realizing his passion, his inner calling.

☼ **Creating the new you**: The transition is on; you are moving forward. Now you can pick, choose and design what you will look like in the mirror. These changes will provide you with renewed energy and strength to enjoy YOU!

☼ **De-emphasis on the personal "areas of improvement":** The one take away from the annual review that we can be sure to remember is the characteristics we are told that "need improvement". What would happen if that was no longer important to achieving our goals?

"My mission as a Coach is to take my clients to the next level of their continued success. Coaching is a developmental partnership between the coach and the client where dreams, desires and goals are objectively supported and challenged resulting in positive, forward-moving experience."

★ *Personal Growth*

★ *Life Balance*

★ *Life Achievement*

★ *Goal Attainment*

★ *Lifestyle Choice*

★ *Career Proficiency*

★ *Strengths Mastery*

★ *Creating Irresistible Attraction*

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